# 1ST ANNUAL
# "RUN FOR THE ROOST"
## 5K & 1-MILE FUN RUN/WALK
# 15 MARCH 2025

*Kicking Cancer*

## RACE DAY

- Start and Finish on Main Street across from Community Bank Branch
- 7:15 am - Race Day Sign Up/Packet Pick Up
- 8:00 am - 5K Run
- 1 Mile Fun Run/Walk begins after 5K

All proceeds benefit

**Cancer Coalition of Ben Hill & Irwin**

**Early Registration deadline March 1st!**

## Run for the Roost Entry Form:

Name: _____ Age on Race Day: _____

Address: _____ Gender: ☐ Male ☐ Female

City: _____ State:____ Zip:_____

Phone: _____ Email: _____

I will participate in the following event:

☐ 5K run ($25)   ☐ 1 Mile Fun Run/Walk ($20)   ☐ T-Shirt Only ($20)

Additional donation $_____

Registration Race Day $30
(t-shirt may not be available)

### Please check preferred t-shirt size:

**Adult t-shirt size:**
☐ Small
☐ Medium
☐ Large
☐ X-Large
☐ 2XL

**Youth t-shirt size:**
☐ Youth Small
☐ Youth Medium
☐ Youth Large

**Each runner receives a FREE pancake breakfast after the race at 409 S. Main St.**

**ONLINE REGISTRATION AVAILABLE**

### Waiver:

In consideration of your acceptance of this entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors, and administrators, do here by waiver and release all rights and claims for damages I may have against Run for the Roost and any and all sponsors and officials of this race from any liability arising from illness, injuries, and damages I may suffer as a result of participation in this event. I attest and verify that I am physically fit and have sufficiently trained for this event. I give my permission for the use of my picture and name in any media coverage in this event.

Signature _____ Date _____

Guardian signature if under age 18 _____ Phone _____